

** Reservation required, call
Just For Seniors at 558-6618 &
press 1*

***HICAP Appointment Line:
1-800-434-0222*

*Loma Linda Senior Center
"The Gathering Place"
Telephone: (909) 799-2820
25571 Barton Road
(Behind City Hall and the Fire Station
on Loma Linda Drive)*

*Call Claude for Party Bridge
- 795-1995*

*Call Joan for the Ukulele
Club - 796-8934*

APRIL 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <u>Area Regional Council meeting 9 am</u> Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm	2 SENIOR CENTER CLOSED
4 SENIOR CENTER CLOSED	5 Loma Linda Cultural Arts Assoc. 8:30 am - 12 pm Instructions by Betty Hayes 9 to 11 am Cost: \$3.00	6 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 - 2:30 pm	7 <u>Inland Counties Legal Services 10 - 10:30 am</u> Computer 101* 1- 3 & 3 -5 pm Movie & Refreshment 2:30 pm	8 Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm	9 SENIOR CENTER CLOSED
11 SENIOR CENTER CLOSED	12 Loma Linda Cultural Arts Assoc. 8:30 am - 12 pm Instructions by Betty Hayes 9 to 11 am Cost: \$3.00 <u>AARP 55 Alive Driving Prog. 1-5 pm (2 days) (EOC Conference Rm)</u>	13 Ukulele Club 9 -11 am <u>AARP 55 Alive Driving Prog. 1-5 pm (2 days) (EOC Conference Rm)</u> Strength & Balance Exercise video 1:30 - 2:30 pm	14 Memory Loss Clinic 9 am-12 pm Computer 101* 1- 3 & 3 -5 pm Movie & Refreshment 2:30 pm	15 Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm	16 SENIOR CENTER CLOSED
18 SENIOR CENTER CLOSED	19 Loma Linda Cultural Arts Assoc. 8:30 am - 12 pm Instructions by Betty Hayes 9 to 11 am Cost: \$3.00	20 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 - 2:30 pm HICAP 1:00 - 3:30pm	21 Computer 101* 1- 3 & 3 -5 pm (Last 1) Movie & Refreshment 2:30 pm	22 Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm	23 SENIOR CENTER CLOSED
25 SENIOR CENTER CLOSED	26 Loma Linda Cultural Arts Assoc. 8:30 am - 12 pm Instructions by Betty Hayes 9 to 11 am Cost: \$3.00	27 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 - 2:30 pm	28 Senior Health Clinic 9 -11 am Memory Loss Clinic 9 am-12 pm Movie & Refreshment 2:30 pm	29 Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm	30